

Dear All

Just a short summary to let you know how things went at our first club swimming session. Our theoretical processes worked well in practise and we feel confident regards bringing back more swimmers in a controlled manner according to our plan over the coming weeks. Below is the feedback and lessons learned so far from our first club swimming session back in the pool at Kimberley on Wednesday evening. The feedback is split into

Reds (stuff we can learn from)

Greens (stuff which went well)

Takeaway messages to share with teachers, swimmers and parents.

REDS

- We stored the swimmers bags around the perimeter of the teaching pool – this made social distancing potentially difficult. In future we will store them on the bench which separates the teaching and main pools in lane order. In addition to the bench a hard pool cover is being sourced by the Leisure Centre which can be used to store bags in the near future.
- Designated quiet area – we planned to use the medical room (if required) but a designated quiet area may be best near the fire exit at the deep end of the main pool as the air circulation is better. (cooler) A pool chair will be placed in this area for use if required
- (Food for thought) After the pilot swim session, the process for swimmers leaving the pool to get changed worked well. In preparation for having 2 groups of swimmers swimming each day we have decided to ask teachers to let swimmers **remain in the pool** until they are asked to get their swimmers out of the water. This will help us manage social distancing guidelines during group change overs. The lane order for change over between sessions will be managed by KSC teachers and changing room champions using a clockwise one way route around the pool.
- One swimmer pointed out to us that even though we asked everyone to sanitise their hands as they left the building everyone has to press down hard on the bar of the fire exit door they use to leave the building risking cross contamination, could this be left wedged open? This is a fair point but there are a couple of options for us to limit this risk further (option 1 is preferred)
 - Obtain sanitiser in your right hand. Push the exit bar with your left hand. Rub hands together with the sanitiser
 - Obtain sanitiser and rub hands together. Use your backside to push the exit bar (will depend on your height and size of your bum!)

GREENS

- Swimmers all behaved and followed instructions – they were a credit to themselves and their parents.
- One way system worked well
- Social distancing was able to be observed in all lanes
- Un-dressing was quick and slick & the process worked well
- In the main, getting dressed after swimming was quick and efficient
- Cleaning cubicles between swimmers changing was managed well (was hard work though for the period the changing rooms were occupied)

Takeaway messages for all

- Reminder for swimmers to bring a **small bag** with kit in if possible as lockers aren't available

- Parents to remain in the car park the first time their kids swim, thereafter ensure they are no more than 10 minutes away from the Leisure Centres when kids are swimming in case we need to reach them in an emergency.
- Parents to step out of their cars at the end of swimming sessions so KSC staff can see which parent belongs to which swimmer (Give our KSC guys a wave). We do not want to allow swimmers to just wander off into the car park without being able to identify their parent/carer (especially important for the younger swimmers)
- Bags to be put on the bench between the teaching and main pool rather than the floor around the teaching pool
- Swimmers to be sent in to get changed in the following lane order 4,2,1,3,5 as directed by the changing room monitor
- Clockwise route is the one way system around the pool
- The male and female changing rooms have been fitted with new cubicles and can now accommodate 7 swimmers in the male changing room and 9 in the female changing rooms
- All swimmers will continue to access the pool via male changing rooms – changing rooms are cleaned and sanitised after everyone is undressed and in the pool
- Parents are asked to remind swimmers that after swimming they should towel down quickly, slip on a tracksuit or onesie and leave the changing rooms as quickly as possible there should be **no chatting or getting fully dressed in layers of clothing with their towels on the floor and hair being dried etc.** It may be useful for those with longer hair to bring an extra towel to wrap their hair in (kind of towel turban)