

**From January 2019**

<b>Day</b>	<b>Hire Time</b>	<b>Sessions and Times</b>
<b>Saturday AM</b>	8.00 - 9.00 am	<b>Combined</b> Development/Improver Group and Squad
<b>Saturday PM</b>	6.00 - 7.00 pm	Disability swimming <b>Combined</b> Development/Improver Group and Squad
<b>Sunday</b>	6.15 - 9.00 pm	6.15 - 7.15 pm Development/Improver Group [Lanes 1-5]
		7.15 - 8.00 p.m. Dives & Turns & Trials
		8.00 - 9.00 pm Squad
<b>Monday</b>	7.00 – 9.00 pm	7.00 - 8.00 pm Development/Improver Group [Lanes 1-5]
		8.00 - 9.00 pm Squad
Tuesday		
<b>Wednesday</b>	7.00 - 9.00pm	7.00 - 8.00 pm <b>Combined</b> Development/Improver Group [ <b>Lane 5 only</b> ] and Squad
		8.00 - 9.00 Squad
Thursday		
Friday		